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**A Comparison of Psychological Well-Being
between Japanese and Thai Students.**

**Bheeradhev Rungkhunakorn
Rajabhat Maha Sarakham University**

มหาวิทยาลัยราชภัฏมหาสารคาม
RAJABHAT MAHASARAKHAM UNIVERSITY

11 ส.ย. 2550
30190
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TITLE: A Comparison of Psychological Well-Being between Japanese and Thai Students.

RESEARCHER: Bheeradhev Rungkhunakorn

FACULTY: Faculty of Education,
Rajabhat Maha Sarakham University

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ABSTRACT

The purposes of the psychological survey study were to investigate the psychological well-being and to investigate the core psychological characteristics related to the psychological well-being; spiritual health, self-acceptance and interpersonal orientation of Japanese and Thai students. The subjects were 1,800 undergraduates: 900 Japanese and 900 Thai students studying in academic year of 2006 and volunteered to participate in the study. The instruments were Personal Data Sheet, Psychological Well-Being Scale, Spiritual Health Questionnaire, Self-Acceptance Scale and Interpersonal Orientation Scale used to collect the data from the sample population. The Statistics in the study were percentage and t-test.

Finding were as follow: There was not significant difference between the psychological well-being of Japanese and Thai students at the .05 level. There was not significant difference in the core psychological characteristics related to the psychological well-being; spiritual health, self-acceptance and interpersonal orientation between Japanese and Thai students at the .05 level.